

Carer's podcast – submit a question prize draw terms and conditions

- The prize draw is only open to residents of the UK
- The competition is not open to employees of Three Rivers District Council or Watersmeet, those involved in the competition, their families, agents or anyone professionally connected with the prize draw
- You must be over the age of 18 to enter the prize draw
- By submitting a question, you give your permission for this to be used as part of our carer's podcast and for any promotion in connection with this
- Entry is free
- Only one entry will be made per email address
- Entries must be made by emailing partnerships@threerivers.gov.uk
- Entries close at midnight on 13 August 2026
- Winners will be selected at random after the close date, the decision is final
- Entries received after the closing date will not be entered into the prize draw
- Any prizes that fail to be claimed within six weeks of the draw date will be redrawn
- The prize is non-transferable and non-refundable. If, due to circumstances beyond our control, we are unable to provide the stated prize, we reserve the right to award a substitute prize of equal value
- The prize is as described – there is no cash alternative
- The prize will be provided by email
- Three Rivers District Council reserves the right to cancel the competition at any stage if deemed necessary
- Three Rivers District Council take no responsibility for late entries or entries not successfully submitted
- Three Rivers District Council shall have the right at its sole discretion and at any time to change or modify these terms and conditions, such change shall be effective immediately upon posting to this webpage
- Entry into this competition is taken as acceptance of these terms and conditions